

Falcons United Dual Rostering & Playing Up Policy

Purpose

This policy establishes guidelines for:

- Players seeking to "**dual roster**" (be registered on more than one Falcons United team), and
- Players requesting to "**play up**" (compete in an older age group than their birth year).

The goal is to support appropriate player development, team balance, and ensure compliance with NCYSA regulations.

1 Dual Rostering Policy

Eligibility:

Players may be dual-rostered **only under the following conditions:**

- Both teams are **Falcons United teams**.
- The player is **age-eligible** for both teams.
- Both **coaches** and the **board** approve the arrangement.
- The player's **primary team commitment** takes priority (attendance, tournaments, etc.).
- The dual roster does **not conflict with NCYSA or league regulations**.

Restrictions:

- Players may **not be dual-rostered across two Classic teams or two Rec teams** playing in the same division.
- Players may **not be dual-rostered with another club** without written release and proper transfer documentation.
- Dual rostersing is not permitted if it creates **unfair playing time advantages** or **jeopardizes team development**.
- Players are only allowed to be dual rostered on two teams max as per NCYSA

Process:

- Coaches and or the board must review and approve before any games are played.
- Rosters will be updated in accordance with league rules and deadlines.

Playing Up in Age Policy

Criteria for Playing Up:

Players may be permitted to play in an older age group if they meet **ALL** of the following:

1. **Skill Level:** Demonstrates advanced technical and tactical ability above their peer group.
2. **Physical Readiness:** Size, speed, and strength are safely comparable to the older age group.
3. **Emotional Maturity:** Can handle pressure, feedback, and physicality of older competition.
4. **Developmental Benefit:** The older age group offers a clear benefit to their progression.
5. **Approval:** Reviewed and approved by both coaches and the board.

Limitations:

- Players **cannot request to play up solely for convenience**, carpooling, or team preference.
- Playing up must not cause **roster disruption or imbalance** in either age group.
- No player shall be forced to play up without parental approval.

Process:

- Player will be evaluated in training by both age group coaches and/or the Club Board and or Director.
- Decision will be communicated in writing.

Review & Appeals

All decisions regarding dual rostering and playing up are made in the best interest of player development and club integrity. Families may appeal decisions to the **Falcons United Board of Directors**, whose decision is final.